

**THE RELATIONSHIP CYCLE  
DEVELOPMENTAL STAGES OF THE RELATIONSHIP**

**INSIDE THE CYCLE**

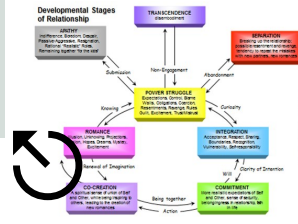
1. ROMANCE
2. POWER STRUGGLE
3. STABILITY AND INTEGRATION
4. COMMITMENT
5. CO-CREATION

**OUTSIDE THE CYCLE  
(FROM THE POWER STRUGGLE)**

6. APATHY
  7. TRANSCENDENCE
  8. SEPARATION
  9. DEEPENING OF THE INTIMACY
- WITH TIME AND TOGETHERNESS



Partners move fluidly through 1-5 and can be in separate stages at the same time and/or one partner moves to 6, 7 or 8 without the other knowing



**Being Together—Be More Attuned With Your Partner**

“... there are a few rules I know to be true about love and marriage (coupledom): If you don't respect the other person you're gonna have a lot of trouble. If you don't know how to compromise, you're gonna have a lot of trouble. If you can't talk openly about what goes on between you, you're gonna have a lot of trouble. And if you don't have a common set of values in life, you're gonna have a lot of trouble. Your values must be alike. “And the biggest one of those values? ...“Your belief in the importance of your marriage (coupledom)”

*from “Tuesdays with Morrie” by Mitch Albom*

**P.S. Talk with your partner. Confirm the dates. Decide to do something to reward and honour each other for one weekend in one year. Send in your registration now**

The Satir Centre of Australia  
Presents  
The 2014 COUPLES INTENSIVE RELATIONSHIP  
WORKSHOP

“BEING TOGETHER -  
Be More Attuned With Your Partner”

With

Dr. Sandra E.S. Neil Ph.D.  
Dr Robert L.N. Silverberg M.D.



**The Satir Centre of Australia for the Family**

The Satir Centre of Australia is an educational organisation devoted to providing a responsible learning environment wherein people can discover ways to enhance the enjoyment and meaning of their lives. Embedded in a philosophy of responsive individualism, the workshops emphasise freedom of choice, a search for human values that will foster both personal growth and a concern for others, and an examination of untapped inner human resources. The prevailing atmosphere is one of safety, care and respect for individuals couples and families , privacy, and of informed consent.

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*The Satir Centre of Australia*



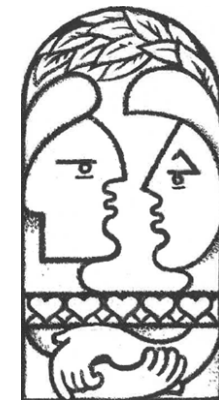
**SATIR CENTRE  
OF AUSTRALIA  
FOR THE FAMILY**

THE SATIR CENTRE OF AUSTRALIA

PRESENTS

A TWO DAY INTENSIVE RELATIONSHIP WORKSHOP

“Being Together - Be More Attuned With Your Partner”



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Telephone: 03 9824 7755

Saturday 16th August 2014 10am - 5pm

and

Sunday 17th August 2014 10am - 5pm

## An Intensive 2 Day Relationship Workshop Helping Men and Women Connect

If you want to make your relationship work you must make it a priority. Take time out of your busy schedule to make your relationship better than ever. This workshop's unique design ensures that couples will have the privacy and support to focus on their particular concerns together.

You will learn to balance relationship skills, more effective ways of dealing with conflict, and how to deepen your love and intimacy. You will learn how to be truly close to other women and men while feeling secure with your partner. If you are a woman and you think you know more than your partner about emotions, you will be surprised. If you are a man, and want to feel closer emotionally, you will be astonished at your untapped abilities.

You will also have time to spend time together with your partner. Join us for 2 days about love and discovery.

### This workshop is effective because:

1. Couples work together as a pair while the two leaders facilitate the learning. Each couple's privacy and safety is respected. You learn very quickly because there is no pressure on you. This is not an encounter group.
2. Workshop registration is kept small. The leaders are available to you during each entire day. You get individualised attention throughout the workshop.
3. Each couple is seen as unique.
4. The workshop is a combination of unique learning activities and training with two highly respected clinicians from Medicine and Psychology. Both work in international forums.
5. You spend the whole time concentrating on your relationship, without outside distractions. We all lead busy lives and wish we had more time to concentrate on our relationship.

## The Workshop Leaders

**Dr. Sandra E.S. Neil PhD (Clinical Psychology), MA (Clinical Psychology), BEd (Counselling), BA, FAPS**  
**Dr. Robert L.N. Silverberg MD, BS, BA, FAAP**

Dr. Sandra Neil and Dr. Robert Silverberg are experienced therapists with private practices in Armadale, Victoria.

Dr. Sandra Neil is well known for her down-to-earth, entertaining, and humorous, very personal presentations in organisational and couples groups. An internationally known clinical psychologist and family therapist for over 45 years, she believes that the key to understanding couples is enabling both partners to approach the relationship with equal compassion, respect, and love.

Dr. Robert Silverberg is a medical physician, a family therapist and an expert in psychological medicine. He taught at Temple University Medical School in Philadelphia, USA for many years. As a result he has a unique understanding of the relationship between body and mind. He continues to lecture and teach throughout America, Europe, Britain and Asia.

Drs. Neil and Silverberg are married to each other and are the parents of four beautiful and sensitive grown children and their partners. They have nine grandchildren. Both are citizens of both the USA and Australia and have lectured at the United Nations in New York, Vienna and in workshops at the Institute for Children Adolescents and Family in Graz, Austria in 2013 and again in 2014.

### Who Is This Programme For:

Couples Who Want to Intensify Their Intimacy and Fulfilment  
People in a relationship who feel angry or depressed about their partner

Couples who feel disconnected within the relationship or lose hope with their partner

Couples who want to examine the context of their attachment history and intimacy

Individuals struggling with interpersonal conflicts in a couple relationship.

Dual Career Couples needing a revival of their closeness

One Partner being Addicted to Technology.

Couples mismatched spiritually

Couples who are burdened by Jealousy and Envy

## Learn More About Family Functioning with your Partner:

The Relationship Cycle; Romance; Similarities and Differences; Power Struggle; Anger; Identifying Weapons; The Intimacy and Commitment Phases; Permanence; Fidelity; Jealousy and Envy and its Effect on Marriage; "The Sexual Basket" (Satir); Co-Creation; The Wish; The Unmet Needs; The Rules of Each; Wants Needs and Dreams; "The Parts Party;" (Satir); The Vulnerability Contract; Broken Mirroring in Couples and Restoring Couple Attunement; and more.

## Two Days of Intensive Couples Training

Whether your relationship is not yet fully harmonious, or is already a complete and balanced one, this will be one of the most rewarding experiences you as a couple will encounter. For over 25 years couples have been attending weekly sessions and telling us what a satisfying and learning experience it has been for them. In an intensive 2 day experience even more sensitive issues can be dealt with. You will gain skills needed to deal with difficulties. You will learn how to communicate more deeply and openly. You will learn to feel and express a sensitive balance between reason and romance, discipline and spontaneity, dreams and realism, aggression and withdrawal, fusion and independence. You can teach these skills to your children to improve your family life. The skills you will learn can help you in your work and life situation as well.

This is the only workshop of its type in the Southern Hemisphere: small registration, individualised attention, two highly experienced professional leaders who are married to each other, in a *private*, relaxed, informal setting.

## FEES

Total Fee including a Couples Appraisal Rating to be completed prior to the workshop. Plus Intensive Couples Workshop.

\_\_\_\_\_ Per Couple \$2,600  
\_\_\_\_\_ Early Registration (by 30th June 2014) \$2,340

Registration received after Early Bird dates will be processed at the Regular Rate. (Payment in full must accompany this registration form.)

All Prices include GST. Morning and afternoon teas provided both days.  
Closing date for registrations is 15 July 2014. Unless the workshop is filled earlier.

Further Enquiries:

Phone Registrar - Naomi on 03 9824 7755

### TERMS & CONDITIONS OF REGISTRATION

Enrolment in a single day session is not possible. Payment in full must accompany registration form. Payments are non-refundable for missed days or session, for any reason. Number of places are limited.

Refunds less a \$50.00 administration fee are given for cancellations received in writing via email, mail or fax to The Satir Centre of Australia. Cancellations must be received at our office by 12 Noon, **Friday 25th July 2014** Refunds are not possible after this time, regardless of personal circumstances. Cancellation policy is final and not negotiable. We regret the difficult personal circumstances that prevent people attending including medical conditions, emergencies, severe weather or transport difficulties, however the logistics of event management prevents us from assuming responsibility for these, or other, contingencies.

**Early Bird Registration:** A discount rate of 10% per couple in total, for the entire two (2) days only, is applicable if full payment is received by 5pm, Monday 30th June 2014. Registrations received after this date will be processed at regular registration rates.

(Payment in full must accompany this registration form.)

Please send payment and registration details to: The Satir Centre of Australia Suite 2, 1051 A/B High St, Amadale Vic 3143 P: 03 9824 7755 F: 03 9824 7865 E: office@satiraustralia.com W: www.satiraustralia.com

**ACCEPTANCE OF TERMS & CONDITIONS** I have read, understand and accept the Terms and Conditions of Registration advised in this brochure.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

## TAX INVOICE / REGISTRATION FORM

The Satir Centre of Australia, Suite 2, 1051 A/B High St, Amadale Vic 3143

P: 03 9824 7755 F: 03 9824 7865 E: office@satiraustralia.com

ABN: 23 006 765 868 Prices include GST. Morning and Afternoon Tea provided.

**Please Register us for: Intensive Relationship Workshop for Couples**

Early Bird Registration  \$2340 Regular Registration  \$2600

Registration received after Early Bird dates will be processed at the Regular Rate. Registrations confirmed when payment is received.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Cheque to Satir Centre of Australia enclosed

Please debit my credit card: Amount: \$ \_\_\_\_\_

Visa  MasterCard  Amex

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Expiry Date: \_\_\_\_\_

Name on card: \_\_\_\_\_

Signature: \_\_\_\_\_